

STRESS QUESTIONNAIRE©

Some of your pet's reactions in life could be the result of stress. Circle the number that most applies to your dog at this time.

0 = does not apply at all

1 = very rare or extremely mild

2 = rare or mild

3 = moderate frequency or a bit of a concern or problem

4 = quite frequent or considered a concern or problem

5 = almost all the time or a significant concern or problem

1.	Has difficulty getting up or down	0	1	2	3	4	5
2.	Cries or moans	0	1	2	3	4	5
3.	Has begun to bite or growl	0	1	2	3	4	5
4.	Has problems getting comfortable	0	1	2	3	4	5
5.	Is less active	0	1	2	3	4	5
6.	Avoids playing	0	1	2	3	4	5
7.	Has had a negative change in attitude or personality	0	1	2	3	4	5
8.	Is grumpy	0	1	2	3	4	5
9.	Isolates away from other pets or people	0	1	2	3	4	5
10.	Shifts weight off a leg, limps, has had surgery on a leg in the past	0	1	2	3	4	5
11.	Noticed to guard a part of the body	0	1	2	3	4	5
12.	Afraid of storms or fireworks	0	1	2	3	4	5
13.	Afraid of certain noises	0	1	2	3	4	5
14.	Tends to be nervous or high strung	0	1	2	3	4	5
15.	Does not adapt well to change	0	1	2	3	4	5
16.	Fails to calm down once gets upset	0	1	2	3	4	5
17.	Eyes or nose tends to be dry	0	1	2	3	4	5
18.	A clingy dog, doesn't want person out of sight	0	1	2	3	4	5
19.	Tends to have digestive problems	0	1	2	3	4	5
20.	Vomits if gets excited or upset	0	1	2	3	4	5
21.	Quick moves tend to startle	0	1	2	3	4	5
22.	Tends to be a fear biter	0	1	2	3	4	5
23.	Gets skin rashes	0	1	2	3	4	5
23.	Pants more than seems normal	0	1	2	3	4	5
24.	Is aggressive over certain things in the home	0	1	2	3	4	5
25.	Is aggressive in certain places	0	1	2	3	4	5
26.	Barks for no known reason	0	1	2	3	4	5
27.	Barks aggressively at other dogs	0	1	2	3	4	5
28.	Does not stop barking even when asked to	0	1	2	3	4	5
29.	Gets distressed when confined to a space	0	1	2	3	4	5
30.	Has destructive tendencies	0	1	2	3	4	5
31.	Defecates or urinates in the house (other than a "permitted" zone)	0	1	2	3	4	5

32.	Drools or salivates	0	1	2	3	4	5
33.	Trembles and / or shakes	0	1	2	3	4	5
34.	Nose or eyes tends to be dry	0	1	2	3	4	5
35.	Licks at nose or lips	0	1	2	3	4	5
36.	Growls or grimaces (retraction of lips)	0	1	2	3	4	5
37.	Smacks or pops lips, jaws together	0	1	2	3	4	5
38.	Compulsive behavior	0	1	2	3	4	5
39.	Licks or chews at a part of the body	0	1	2	3	4	5
40.	Vocalization (may be frequent, repetitive or high pitched sounds)	0	1	2	3	4	5
41.	Hypervigilant, hyperactive reaction to stimuli	0	1	2	3	4	5
42.	Pacing	0	1	2	3	4	5
43.	Hides or attempts to hide	0	1	2	3	4	5
44.	Will freeze in one place to avoid moving	0	1	2	3	4	5
45.	Tends to be slow to get started or move	0	1	2	3	4	5
46.	Sleeps a lot	0	1	2	3	4	5
47.	Gained weight or is overweight	0	1	2	3	4	5
48.	Has little to no interest in doing anything	0	1	2	3	4	5
49.	Tends to have diarrhea	0	1	2	3	4	5
50.	Likes to eat dirt, mulch, plants	0	1	2	3	4	5
51.	Licks odd surfaces or objects	0	1	2	3	4	5
52.	Decrease in appetite	0	1	2	3	4	5

Name of pet: _____

Age: _____ years Sex: Male / Female / Neutered / Spayed (circle one)

Breed: _____

Owner name: _____

Date: _____

Concerns or comments: