

THE 25 SIGNS THAT ARE 'SUFFICIENT' INDICATORS OF PAIN IN DOGS

This list is an assessment tool which covers the sensorial and emotional aspects of pain.

Being able to identify a set of behaviors can help to reliably detect pain. For each of these signs, they are frequently present in both low and high levels of pain.

PUT AN "X" IN THE BOXES THAT APPLY TO YOUR DOG		
X		
	1.	Lameness, abnormal gait
	2.	Difficulty in jumping or moving in a certain way or direction, unable to do stairs
	3.	Legs splayed out rather than under body
	4.	Reluctant to move, avoid situations that could elicit pain
	5.	Reaction to palpation, dislike or intolerance of handling
	6.	Withdrawn, hiding
	7.	Sleeping more
	8.	Playing less. Less interested in going for a walk
	9.	Licking inanimate objects (can often be a sign of intestinal pain)
	10.	Overall activity less than normal, moves slower
	11.	Change in mood, grumpy
	12.	Restlessness; pacing, getting up and down and adjusting position or place
	13.	Wobbly
	14.	Hunched back or sway back
	15.	Shifting weight off area of body
	16.	Licking excessively or rubbing a certain area of the body
	17.	Lower or tilted head, ears in unusual position
	18.	Temperamental, Yelp or growl when being petted or other animal comes near space
	19.	Change in form of feeding behavior, type of food preferred, avoiding or decreased appetite
	20.	Weeping, red, cloudy or squinting eyes
	21.	Looks depressed
	22.	Groaning, moaning, grunting
	23.	Heavy panting, increased heart rate when doing nothing (and it's not hot!)
	24.	Hanging or tucked tail
	25.	Change in toileting habits e.g. not lifting leg, not squatting low, defecating in house drops out
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