

C.A.N. Survey© Clinical Animal Nutrition for Dogs

A System Approach to Identifying Vitamin and Mineral Imbalances and Organ Distress

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PATIENT _____ AGE _____ Weight _____ OWNER _____ DATE _____

*Put a number in the box in front of the symptom **only that applies** to your dog. 1 = mild, 2 = moderate, 3 = severe.
LEAVE BLANK if it does not apply.*

GROUP ONE - Sympathetic			
	Dry mouth, eyes, nose		Vomits with excitement
	Keyed up, fails to calm		Tends toward aggression
	Nervous		Fear biter
	Unable to relax, startles easily		High anxiety
			Isolates away from family or pets
			Afraid of storms, fireworks
			Doesn't adapt easily to routine change
			Obsessive compulsive behavior
			SCORE GROUP ONE: Number marked =
			Number divided by 36 = %

GROUP TWO - Parasympathetic			
	Joint stiffness with rising		Subject to infections
	Always seems hungry		Eyes or nose watery
	Couch potato-like attitude		Eats dirt
	Slow starter, slow mover		Constipation, diarrhea, alternating
			Poor circulation, sensitive to cold
			Moist body, often an odor
			Sleeps more than used to
			Little interest in anything
			SCORE GROUP TWO: Number marked =
			Number divided by 36 = %

GROUP THREE – Carbohydrate Metabolism, Sugar Handling			
	Trembles, episodes of weakness		Urinating large amounts
	Seizures		Hungry often, eats fast
	Disoriented at times		Change in appearance of eyes
	Increased sleeping, decreased activity		Cannot lose weight even with diet
	Wheat, corn, rice, barley, oats in diet		Eats feces
			Weight loss
			Behavior changes
			Increased water consumption
			Overweight
			Passes a lot of gas
			SCORE GROUP THREE: Number marked =
			Number divided by 45 = %

GROUP FOUR – Circulation, Cardio-Pulmonary			
	Exercise intolerance		Cough, especially at rest
	Significant loss of muscle mass		Seems disoriented at times
	Fainting, collapse		Rear legs tremble, weak
	History of heartworms		Enlarged heart
			Swelling in rear legs
			Difficulty breathing
			Shortness of breath
			Has had pneumonia more than once
			SCORE GROUP FOUR: Number marked =
			Number divided by 36 = %

GROUP FIVE – Hepatic, Gall Bladder			
	On meds over long time		Recent onset allergies
	Stool watery or diarrhea		Seizures, tremors
	Appears bloated		Change in appetite
	Lethargic, depressed, restless		Frequent anesthetics
	Increased shedding		Food sensitivities
	Red eyes or ears		Anal Sac problems, Scooting
	Sporadic vomit/diarrhea		Licks or chews at feet or anus
	General itchiness		Red tummy
			Stands with back arched
			Elevated cholesterol, triglycerides
			Elevated liver enzymes, lipase
			Itching or squinting eyes
			Ocular discharge
			Rubs at ears or face
			Crusty lip sores
			Gas
			SCORE GROUP FIVE: Number marked =
			Number divided by 72 = %

GROUP SIX - Digestion			
	Vomits after fatty meal		History of pancreatitis
	Halitosis		Recurrent diarrhea
	Pale-colored stool		Rancid odor to stool
	Stomach distress common		Belches, regurgitation
			Intermittent vomiting
			Excessive or chronic eye drainage
			Poor coat
			Recent intestinal parasites
			SCORE GROUP SIX: Number marked =
			Number divided by 36 = %

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GROUP SEVEN – A – Thyroid Glands			
	Increased shedding		Stiff gait Oily, greasy coat
	Thinning, sparse coat, bald spots		Weak pulse
	Warts		Elevated blood cholesterol
	Dry, scaly skin		Fatty tumors
	Obese or can't lose weight		Stiff gait
			Depression, mentally dull
			Exercise intolerant
			Back/neck problems
			Increased pigment to skin
			Weak knee ligaments
		SCORE GROUP SEVEN A: Number marked =	Number divided by 45 = %

GROUP SEVEN – B – Pituitary Gland			
	Failing memory		Weight gain around rear end, fat pads
	Abnormal thirst		Neutered male retains sexual activity
			Abnormal heat cycles of intact females
			Pigment spots to skin
		SCORE GROUP SEVEN B: Number marked =	Number divided by 18 = %

GROUP SEVEN – C – Adrenal Glands, Hyperactive			
	Excessive water consumption		Panting more than used to, excessive
	Increased urination		Lethargic
	Thin skin		Pacing
	Decline in arthritic symptoms		Weak knees
			Muscles seem weak
			Distended abdomen
			Change in behavior
			Thinning fur
		SCORE GROUP SEVEN C: Number marked =	Number divided by 36 = %

GROUP SEVEN – D – Adrenal Glands, Hypoactive			
	Weakness		Slow heart
	Depression		Weak pulse
			Intermittent anorexia
			Collapse
		SCORE GROUP SEVEN D: Number marked =	Number divided by 18 = %

GROUP EIGHT – Musculoskeletal (Calcium / Magnesium Metabolism)			
	Older dog		Difficulty getting up and down
	History of any joint surgery		Arthritic, degenerative joint disease
	Back or disc problems		Has had ligaments damaged
	Bone spurs or enlarged joints		Rapidly accumulates tartar on teeth
			Losing muscle tone in legs or back
			Healing fracture in body
			Suffering from a sprain or strain
			Difficulty supporting weight
		SCORE GROUP EIGHT: Number marked =	Number divided by 36 = %

GROUP NINE – Renal			
	Abnormal or frequent urination		History of bladder stones
	History of bladder infections		Licking at penis or vulva
	Reduced renal function		Cries when urinating
	High blood calcium or phosphorus		Elevated vitamin D
			Leaking urine
			Wants to go outside more often
			Prostate enlarged
			14 or more years old
		SCORE GROUP NINE: Number marked =	Number divided by 36 = %

GROUP TEN – Immune			
	Increased shedding		Skin crawls
	Red bumps to skin		Poor fur quality
	Scabs, sores, or crusts to skin		Body or ear odor
	Dandruff, flaking		Shakes head or rubs at ears
	Has had cancer		Experienced a vaccine reaction
			Frequent infections
			Odor that returns shortly after bath
			Moist or heat under front/rear legs
			Changed skin appearance
			Severe dental infection
		SCORE GROUP TEN: Number marked =	Number divided by 45 = %

GROUP ELEVEN – Pain			
Lameness, abnormal gait		Playing less	Wobbly
Withdrawn, hiding		Less interested in going for a walk	Shifting weight off area of body
Reluctant to move		Change in mood, grumpy	Licking excessively an area of the body
Dislike or intolerance of handling		Hunched back or sway back	Restlessness; pacing
Overall activity less than normal		Groaning, moaning, grunting	Lower or tilted head or ears
Looks depressed		Weeping, red, cloudy or squinting eyes	Temperamental, yelp or growl at others
Hanging or tucked tail		Heavy panting, increased heart rate	Change in toileting habits
Decreased appetite		Change in appetite & type of food willing to eat	
Recent surgery, dental infection		Licking inanimate objects (can often be a sign of intestinal pain)	
		SCORE GROUP ELEVEN: Number marked =	Number divided by 50 = %

SCORE / TALLY	
Primary Group:	%
Secondary Group:	%
Tertiary Group:	%

IMPORTANT

TO THE OWNER: Please list below the five main physical and or health complaints for this dog in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____

OTHER COMMENTS YOU WOULD LIKE TO MAKE: