

Cat's Name:

Date:

25 SIGNS THAT ARE 'SUFFICIENT' INDICATORS OF PAIN IN CATS

This list is an assessment tool which covers the sensorial and emotional aspects of pain. Being able to identify a set of behaviors can help to reliably detect pain. For each of these signs, they are frequently present in both low and high levels of pain.

PUT AN "X" IN THE BOXES THAT APPLY TO YOUR CAT		
X		
	1.	Lameness
	2.	Difficulty in jumping
	3.	Abnormal gait
	4.	Reluctant to move
	5.	Reaction to palpation
	6.	Withdrawn, hiding
	7.	Absence of grooming
	8.	Playing less
	9.	Decreased appetite
	10.	Overall activity less than normal
	11.	Change in mood
	12.	Not rubbing on people or doing it less
	13.	Temperamental, hissing
	14.	Hunched up posture
	15.	Shifting weight off area of body
	16.	Licking excessively in certain area
	17.	Lower head position, ears pinned or not up right
	18.	Involuntary forced blinking
	19.	Change in form of feeding behavior, type of food preferred, avoiding
	20.	Avoiding areas of bright light
	21.	Growling
	22.	Groaning
	23.	Eyes closed
	24.	Tail flicking
	25.	Straining to urinate