



DR. AVA FRICK'S  
*LifeExtend Method*  
For Healthy, Happy, and Naturally Rejuvenated Animals

Animal Bodywork & Nutrition Our focus on animal wellness is chiropractic, pain, rehabilitation, and nutritional consulting. We prefer the use of whole food nutrition, vitamins and minerals, along with herbs, Chinese medicine, and homeopathic remedies in treating patient conditions. We also may recommend specific therapeutic devices for you to take home and use in the rehabilitation program. Exercise guidance and instructions will also be utilized where appropriate. How we approach our evaluation and what will happen during your visit is different from what you have been accustomed to in a traditional clinic setting. Complementary medicine is a complement to the traditional. Everything has its place in the scheme of finding health. We are not a substitute for your “traditional veterinarian.” There are many services they continue to provide, which we have transitioned away from. We welcome open communication from both sides of the health picture but that is up to you.

We encourage appreciation on the importance of cellular nutrition, spinal and extremity orthopedic alignment, muscle and tissue function in rehabilitation, and the entire neurological pain paradigm. All of this inevitably impinges on body function, health, and can create pain and weakness. It most likely has taken your pet a long time to get to where it is today. You have worked with your traditional veterinarian but if that were 100% successful you would not be looking for hope and other help. Please do not expect us to make your pet totally well overnight or in a few weeks. Rebuilding the body may take months, but if you have the commitment you have come to the right place. It is not uncommon to see some changes within 2 to 4 weeks. Unfortunately, there are times where the body has gotten so old or degenerated that we may not have the time needed to get them well and happy again. Regardless, you will know you have tried everything that could have made a difference in the quality of your animal's life.

For any patient of any age with an ongoing medical concern, it is important to have the following:

1. Recent blood tests including CBC and chemistry
2. Any specific test reports related to the condition(s)
3. Concise history of the past year and any specific events in previous years. A long, detailed report of every veterinary visit is not necessary
4. Radiographs are very helpful and recommended but faxed pictures of ultrasound images are not
5. Please bring any and all medications, nutraceuticals, supplements, and a sample of the current food your animal is on

Failure to present any of these items may inhibit a complete assessment.

What we provide is:

A 30 min to 1 hour first-visit so that a thorough history can be taken and you have the opportunity to ask all your questions. Please bring them on a list if that is helpful. Depending on what type of visit the following services may or may not be included or offered.

- a. Nutritional survey to better determine nutritional deficiencies.
- b. Pain, Anxiety, and Stress Survey to prequalify for certain types of therapy.
- c. Fur Analysis to determine an ongoing picture of any mineral deficiency or toxicity, the presence of any heavy metals, and the body's oxidation rate.

- d. An evaluation commensurate with the reason your animal has been presented be it rehabilitation, pain, chiropractic, allergies, sensitivities, immune system weakness, cancer, or any chronic disease or condition.
- e. Help with mobility issues so that both you and your animal can better get around.
- f. Therapy and exercise programs.
- g. A bio frequency assessment that helps to determine the best and most compatible items for your animal. Those items may be nutrients, herbs, Chinese medicine, homeopaths, foods, drugs, or topical products.
- h. Oberon biocommunication testing that energetically connects with your animal's body and compares it to a database of known systems and stressors.

If you believe that this is what you want for your animal, please read the Consent for Treatment and sign below.

***Animal Bodywork & Nutrition 37608 N. Cave Creek Road, #103 Cave Creek, AZ 85331***

**CONSENT FOR TREATMENT:**

I have read the above and understand that Animal Bodywork & Nutrition is a complementary veterinary practice utilizing the skills, research, and medical knowledge that is available to practitioners in this field. I am aware that the practice of medicine is not an exact science and I acknowledge that no guarantees will be made to me about any medical treatment, diagnostic procedures, or examinations. I also understand that the evaluation process will be different than what I get at my "traditional" veterinarian and I'm in agreement that this is what I am looking for at this time in my animal's life.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

For all dogs and cats 12 years or older we request that you bring with you a recent (within the past 6 months) blood report that includes a Chemistry panel, CBC & urine tests. If this is not available, you can get it done at your veterinarian prior to coming to PRPC for your first visit or we can collect and submit during the first visit. While it is not mandatory, it is highly recommended. \*My pet IS / IS NOT 12 years or older. (circle one) If your pet is 12 years or old, please read and sign: I understand that I have been requested to present at my senior pet's first visit a recent blood test report. Failure to do so could inhibit the best assessment and information being delivered. I: will / or will not (circle one) need to have a blood sample drawn for tests during the first visit.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_